

Senior Care Options LLC



Go Seniors!

Considering your options?

**JOIN US FOR
"THE CONVERSATION"
FOR SENIORS**

A fun and valuable conversation with Cathy Ellis!

There are so many options for care, costs and life-style. Know when to stay at home, how to get care and when to move to a secure place. Know who to call for help!

**In-home Care
Assisted Living
Memory Care
Residential Homes**

SeniorCareOptions.org

Cathy@SeniorCareOptions.org

760-696-3542

Cathy Ellis of Senior Care Options will present options for seniors. Cathy has 35 years experience in the senior living and care industry. Meetings are held at:

Aegis Senior Living

1440 S. Melrose Dr, Oceanside
2nd Friday, 9:00 to 10:30 AM

Breakwater Community Church

506 S. Nevada St., Oceanside
4th Friday, 9:00 to 10:30 AM

Free coffee and donuts!