

Senior Care Options

JOIN US FOR THE MONTHLY CONVERSATION

4th Thursday of every month!

2:00 PM-3:30 PM - Refreshments will be served!

The Senior Tsunami is Here!

Ten thousand seniors turn age 65 every day in the U.S.

Good news! You do have options...

A presentation by Cathy Ellis and SENIOR CARE OPTIONS

Cathy Ellis of **Senior Care Options** will provide a presentation discussing options for seniors in 2017. Cathy has 35 years experience in the senior living and care industry and she'll share her knowledge in this valuable, fun and interesting presentation.

- **Assisted Living and other senior living alternatives.**
- **When to stay home. When to move to a secure place.**
- **Costs for "Assisted Living" and other programs**
- **Assorted Financial Assistance Programs**
- **Veterans Benefits. Medicare. Medi-Cal and how can I qualify?**
- **Powers of Attorney and legal documents you should know about.**



Go Seniors!

Monthly meetings will be held at AEGIS AT SHADOWRIDGE
1440 S. MELROSE DRIVE, OCEANSIDE

Cathy Ellis of Senior Care Options provides personalized assistance and referral assistance to seniors and families who are researching needed living and care options at NO COST to you!

www.SeniorCareOptions.org 760-696-3542 No RSVP required.